

Pingles Leisure Centre POOL TIMETABLE

Everyday Swimming Programme

024 76400 500

pingles@nbleisuretrust.org

Avenue Road, Nuneaton, CV11 4LX

Bedworth Leisure Centre
on reverse

POOL
TIMETABLE



COMPETITION POOL TIMETABLE



SWIMFIT – Be motivated and inspired by our qualified swimming instructors to develop your technique, strokes, fitness and endurance. Plus free online coach and ASA support.

DAY	6	7	8	9	10	11	12noon	1	2	3	4	5	6	7	8	9
MONDAY	Float Floor Deep Water	early birds		schools/lessons public lanned swim			aqua-fit	aqua-cise	schools/lessons		lessons			Nuneaton & Bedworth swimming club		adult lanned swim
TUESDAY	Float Floor Deep Water	early birds		schools/lessons public lanned swim			Swim Fit		school/lessons		lessons			N & B swimming club	disabled masters swim	adult lanned swim staff training
WEDNESDAY	Float Floor Deep Water	early birds		schools/lessons public swim	50+ swim		aqua-fit	aqua-cise	schools/lessons		lessons			Nuneaton & Bedworth swimming club		adult lanned swim
THURSDAY	Float Floor Deep Water	early birds		schools/lessons public lanned swim			Swim Fit		schools/lessons		lessons			N & B swimming club	aqua-fit adult lanned	sub aqua
FRIDAY	Float Floor Deep Water	early birds		schools/lessons public lanned swim			public swim		schools/lessons		lessons			N & B swimming club	adult lanned swim	
SATURDAY	Float Floor Deep Water	early birds	lessons				public swim			inflatable Pool Fun!	private hire/galas/parties!					available until 10:30
SUNDAY	Float Floor Deep Water	early birds	public swim											Nuneaton & Bedworth swimming club	ladies only swim	

LEISURE POOL TIMETABLE

Please note that full pool rules are available upon request, on display in reception and online at www.nbleisuretrust.org

DAY	6	7	8	9	10	11	12noon	1	2	3	4	5	6	7	8	9
MONDAY	Outdoor Leisure Teaching			public swim	schools parent & toddler	schools/lessons					lessons			public swim (MAY -OCT only)		adult lessons
TUESDAY	Outdoor Leisure Teaching			public swim	schools/lessons			schools/lessons		lessons				public swim (MAY -OCT only)		staff training
WEDNESDAY	Outdoor Leisure Teaching			public swim	schools parent & toddler	schools/lessons					lessons			public swim (MAY -OCT only)		
THURSDAY	Outdoor Leisure Teaching			public swim	schools/lessons			schools/lessons		lessons				public swim (MAY -OCT only)		
FRIDAY	Outdoor Leisure Teaching			public swim	schools/lessons						lessons			public swim (MAY -OCT only)		
SATURDAY	Outdoor Leisure Teaching			public swim	lessons					Pool Fun!	private hire/galas/parties!					
SUNDAY	Outdoor Leisure Teaching			public swim										private hire/galas/parties!		